

## **Best Practices for Implementing and Monitoring a Curriculum**

### **Implementation**

**The Health Education Curriculum Analysis Tool (HECAT) is** an effective and easy to follow toolkit in six chapters that provides school districts with the resources they need to conduct a complete analysis of their health education curriculum. HECAT includes templates for recording important descriptive curriculum information, specific health-topic concept and skills analysis, and customizable templates for state and local use. [Health Education Curriculum Analysis Tool \(HECAT\)](#) or visit [www.cdc.gov/healthyouth/hecat/index.htm](http://www.cdc.gov/healthyouth/hecat/index.htm)

**Program Evaluation Plan -** The Centers for Disease Control and Prevention (CDC) provides educators and agencies with evaluation plans and evaluation briefs which can assist in implementing and monitoring curriculum. An evaluation plan can be beneficial when it comes to identifying key aspects of your curriculum you'd like to modify and/or improve. For more information visit <https://www.cdc.gov/healthyouth/evaluation/index.htm>.

**Say It with Research: 4 Ways to Deliver Effective STD Messaging for Youth -** ETR examines the need for educators to effectively teach youth about STDS in ways that are effective and responsive. In this article they present four educational strategies that are easy to apply. In addition to providing information on STDs and youth, this article also supports implementation of STDs prevention and classroom management. The key concepts that ETR elaborates include, the importance of identifying key concepts, focusing on testing and not symptoms, as well as avoiding fear-based tactics. To read the article and access additional tips for STDs education visit [www.etr.org/blog/my-take-std-messaging/](http://www.etr.org/blog/my-take-std-messaging/).

### **Intra-Health International Training and Learning Standards -**

Developed by Intra-Health international, one of the world leaders in health plan development, their checklist for developing and implementing high-quality training and learning interventions is a broad template that educators can modify to their own trainings. This checklist covers basic definitions of training and learning standards, developing curriculum and materials, tips on

how to follow up with learners and methods of evaluating, documenting and implementing training policies and strategies.

<https://www.intrahealth.org/resources/training-and-learning-standards>.

**Healthy Teen Network What's Going on in the Classroom? Tips for Assessing the Implementation of Sexuality Education** - This simple yet effective factsheet includes five tips for assessing the implementation of sexuality education in the classroom. From initially developing a plan to sharing it with others, these steps are easy to follow and effective. [Visit: https://www.healthyteennetwork.org/?s=What%27s+going+on+in+the+classroom%3F&op=](https://www.healthyteennetwork.org/?s=What%27s+going+on+in+the+classroom%3F&op=)

**Education Week Five Tips for Integrating Project Based Social-Emotional Learning** - This article published recently on April 26<sup>th</sup> 2016 by Education Week lists five tips for integrating project-based and social-emotional learning. These subjects are recommended as part of sexuality health education, especially when it comes to ensuring that students feel comfortable discussing difficult subjects. These tips are short, but effective and can be used whenever implementing or assessing a curriculum, [find the tips here](#).

**UNESCO HIV and Health Education Clearinghouse Intervention Mapping Toolkit for Planning Sexuality Education Programs** - The United Nations Educational, Scientific and Cultural Organization holds a vast resource library accessible to anyone online. This resource, "Intervention Mapping (MI) toolkit for planning sexuality education programs," translates academic models, evidence and theories into a practical kit with tips, stories of experiences from young people themselves. This toolkit is designed primarily for project officers and project staff, yet it is also useful for researchers and those collaborating with NGO's. The document contains nine chapters. Chapters 1-3 provide an introduction to the manual and the remaining chapters contain background information, guidelines and examples of each of the six steps that are closely linked. Access the document [here](#). Visit website at [www.edweek.org](http://www.edweek.org).

**Think Cultural Health** - The Department of Health and Human Services Office of Minority Health is pleased to announce the release of the first compendium of state-based activities to implement the National Standards for Culturally and Linguistically Appropriate Services in Health and Health Care (National CLAS Standards). The Compendium of State-Sponsored National CLAS Standards Implementation Activities and a new Tracking CLAS tool are now available at the [Think Cultural Health website](#). The National CLAS Standards are intended to advance health equity, improve quality, and help eliminate health care disparities by providing a blueprint for individuals and health and health care organizations to implement culturally and linguistically appropriate services.

The new [Compendium](#) and [Tracking CLAS tool](#) provides more about what states and are doing to provide cultural and linguistically appropriate services to the communities they serve.

Find out more about the [National CLAS Standards](#). Visit their main page at [www.thinkculturalhealth.hhs.gov](http://www.thinkculturalhealth.hhs.gov)

**Get Real Curriculum Resources for Educators** - The Get Real Curriculum is a comprehensive sexuality education program that focusses on enhancing the social and emotional skills of middle and high schoolers. Along with the curriculum itself, Get Real also provides educators with a wealth of resources for the implementation of lessons as well. Once registered online educators have access for discussion forums, digital copies of curriculum materials, information updates and an FAQ guide that can be used to support implementation; to access the Get Real website and learn more about implementation. <https://getrealeducation.org/>

### **Monitoring**

#### **Logic Models, a Tool for Designing and Monitoring Program**

**Evaluations** - Sponsored by the National Center for Education Evaluation and Regional Assistance, this document contains several materials for developing logic models to evaluate programs. Easy to follow and adaptable the document defines terminologies of logic models and the process by which educators can utilize this methodology to evaluate their programs. To access the document [click here](#). Or visit their main page at <http://ies.ed.gov/ncee/>.

## **Best Practices**

**Edutopia.org Defining Best Practices in Teaching** - Best practices are talked about a lot in education, but it can be difficult to define what these best practices actually mean. Edutopia, a resource link for educators has published an article, "Defining Best Practice in Teaching." This article examines not only the definition of best practice, but it also looks at the role of research and an insight as to what is next in the coming years for best practices. Other related topics on Edutopia.org include comprehensive assessment, project-based learning, integrated studies and technology integration. [Read the article here.](#) Find out more at [www.edutopia.org](http://www.edutopia.org).

## **"Sexuality Education: Emerging Trends in Evidence and Practice" -**

The Journal of Adolescent Health has published an article written by Nicole Haberland M.P.H and Deborah Rogow M.P.H titled, "Sexuality Education: Emerging Trends in Evidence and Practice." According to the Journal of Adolescent Health it "is an informative read for anyone wanting to know more about the way that sexuality is going and the way that your program can address these changes. The article also examines gender and rights in sexuality education as well as the effective methods of combating sexually transmitted infections and unintended pregnancy. The authors also discuss an "empowerment" approach to sexuality education and how it can be utilized in health and educational programs. You can read the article [here](#). Find this publication as we all as others at [www.jahonline.org](http://www.jahonline.org)

## **Office of Adolescent Health (OHA): Reproductive Health "A Guide for Assessing LGBTQ Inclusivity of Teen Pregnancy Prevention Programs (TPP)" -**

The U.S. OHA provides a wealth of information on the importance of exemplary sexual health education and reproductive health. From contraception to STD&STI's and HIV, their website includes factsheets, statistics and referrals to partner organizations such as the Centers for Disease Control and Prevention (CDC). The OHA has also recently released, "A Guide for Assessing LGBTQ Inclusivity of Teen Pregnancy Prevention Programs." Among basic information, this pamphlet also contains information on assessing TPP programs for inclusivity and an organizational policies and practices self-assessment. [Visit www.hhs.gov](http://www.hhs.gov).

## **Emerging Evidence, Lessons and Practice in Comprehensive Sexuality Education a Global View**

- Published by the United Nations Educational Scientific and Cultural Organization (UNESCO) this booklet examines the state of sexuality education from a broad international perspective. With tips on how to strengthen sexuality education and examples of best practices, this guide looks not only at the statistics of the effectiveness of sexuality education in different countries, but it offers tips of assessing sexuality education curricula and looks at policy, as well as the cultural context of sexuality education. Particular sections to view include "Delivering and Strengthening Comprehensive Sexuality Education," and "Situating Comprehensive Sexuality Education in Different Contexts." [View the guide here.](#) Log on to [unesco.org](http://unesco.org) for more information.

### **Evaluating**

#### **UNESCO Training Tools for Curriculum Development:**

**A Resource Pack** - This resource pack is intended for specialists and practitioners involved in curriculum reform. Included with this resource are eight core modules, more than 110 case studies and supplemental from resources all over the world for a broad, comparative, international perspective. The eight core modules cover a wide variety of factors and dimensions of curricula development that are intended to improve the quality of the curriculum process and products. Furthermore this resource pack is designed for flexible use and can be adapted to a range of different contexts. To access the resource pack [click here.](#) Go to [www.ibe.unesco.org](http://www.ibe.unesco.org) for more information.

#### **Training Tools for Healthy Schools e-Learning Series School Health Index a Self-Assessment and Planning Guide**

- The CDC's Healthy Schools Program has converted three of their "Promoting Health and Academic Success (TTHS)" tools into online modules for educators. These modules are self-directed and last from one hour to an hour and a half long. The modules aim to assist educators in implementing a school health index for their schools, and/or assess the progress of current school health index programs. These videos begin by defining what a school health index is, learning the process of self-assessment and ways it can be improved. The modules also walk participants through the implementation of a school health index assessment, as well as how to conduct a school health index assessment meeting. [Find the modules here.](#)